

MIAMI BEACH SURF LIFE SAVING CLUB

Founded 1947. Affiliated with the Surf Life Saving Association of Australia
ABN 94 449 171 880



Welcome to Miami Beach Surf Life Saving Club - Nippers

We are so happy to have your family as a part of our surf life saving club.

Miami Beach SLSC prides itself on being a family orientated club with a focus on making sure our young nippers enjoy every Sunday on the beach and gain valuable experience, knowledge and skills on the beach.

Meet the Team

There are a lot of people involved in the successful running of Miami SLSC. Some key contacts for our nippers program are:

Chairperson	Paula Reynolds	junioractivities@miamibeachslsc.com.au
Vice-Chairperson	Sarah Zarew	jadeputy@miamibeachslsc.com.au
Treasurer	Vacant*	jatreasurer@miamibeachslsc.com.au
Secretary	Natalie Hilyard	jasecretary@miamibeachslsc.com.au
Water Safety Officer	Ben Milham	jwatersafety@miamibeachslsc.com.au
Uniform Officer	Jill Williams	jauniforms@miamibeachslsc.com.au
First Aid Officer	Vacant*	c/o Club
BBQ Convenor	Nicole Craze	jabbq@miamibeachslsc.com.au
Gear Steward	Nicholas Owens	jagearsteward@miamibeachslsc.com.au
Team Manager (U8-U10)	Vacant*	jacarnivals8-10@miamibeachslsc.com.au
Team Manager (U11-U15)	Nicole Craze	jacarnivals11-15@miamibeachslsc.com.au
Awards Coordinator	Paula Reynolds / Janita Henwood	
Education Coordinator	Vacant*	
Publicity / Media Coordinator	Vacant*	japublicity@miamibeachslsc.com.au
Fundraising Coordinator	Vacant*	
Beach Set up Coordinator	Janita Henwood	

Club Administration

Administrator	Melinda Bruggy	admin@miamibeachslsc.com.au
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*The aim is to fill these positions before the season starts. If you are interested in joining our team please email junioractivities@miamibeachslsc.com.au

STAY INFORMED - COMMUNICATION

We use the following communication methods:

- **WhatsApp** – each age group will have a WhatsApp Group – Age Managers will communicate important information to parents via the WhatsApp Group. Please ensure your contact details are correct and, should you not be receiving communications via WhatsApp, let your Age Manager know.

- **Facebook** – Stay up to date by liking our Facebook Page – *Miami Beach SLSC Nippers Private group, Questions must be answered for approval to join.*
- **Emails** will also be sent from our Junior Activities Chairperson and Administrator

GETTING YOUR NIPPERS READY

What to Wear

Compulsory - Pink Rash shirt and Club Cap

- Club Cap – all nippers are required to wear a cap for the duration of nippers on a Sunday. U6 and U7 wear plain green caps and U8 upwards wear our club cap. Both green caps and club caps can be purchased from our uniform shop
- High Vis Pink Rashie – all nippers are required to wear a pink rashie for the duration of nippers. We have a range of high vis pink rash shirts available for purchase from our uniform shop

Non-Compulsory Miami Merchandise

Our uniform shop has a range of swimwear, shirts, hats, towels and other options available for purchase. The uniform shop is open each Sunday from 8am till 8:30am. **Attached** is a copy of our merchandise available and prices.

What to Bring

- **Sunscreen** – slip slop slap before you hit the beach on a Sunday. All age groups will have sunscreen with their Age Managers if anyone needs to reapply during nippers
- **Water** – keep your kids hydrated, remember to collect their water bottle from their age group bucket at the end of each nippers before signing out.

SUNDAY NIPPERS – WHAT HAPPENS

- Sign on is at 8am – Each age group is to line up at their flag on the beach, parents must sign in their children with their Age Manager
- Each age group moves through the rotational activities, each rotation runs for 20 minutes. Age Group Managers will carry the age group flag around to each activity so they can be easily found.
- Parents **MUST** stay on the beach, under no circumstances are you to drop your child off and leave the beach.
- All children are to be signed out with their Age Manager when leaving the beach
- Every Sunday there is a BBQ Lunch on offer, following nippers. Burgers, Sausages and Cold Drinks are available for purchase

Training Program

As well as Sunday nipper sessions, we offer various extra training sessions for our nippers throughout the week. It's a fun way for kids to gain extra skills and keep active during the week. There is no extra fee for participating in training. Training sessions for last season were as follows. These will be confirmed closer to the start of the season. Please note this season Beach Training will be for competitors only.

Tuesday TBC	Wednesday TBC	Friday TBC
5:30am – Board Training U8 and above	Beach Training U8-U10 4:15 to 5pm U11 up from 5pm to 6pm	4:30pm – Board Training U8 and above

Please note a **Nipper Clinic** will also be conducted during the September School Holidays. For information please email junioractivities@miamibeachslsc.com.au or admin@miamibeachslsc.com.au

Parent Helpers/Volunteers

Our Nipper program is run completely by volunteers. We need everyone's help. There are many ways you can get involved and help our program run smoothly.

- Age Managers
- Water Safety – SRC Required or Nipper Adult Assistant (U6s – U8s)
- Nipper Group Parent Helpers
- Gear Steward Assistant
- Beach set up assistants

Becoming a Nipper Adult Assistant

For the U6s, U7s and U8s it is a lot of fun for the kids to have their parents helping out in the water with them. To help out with wade and shallow water activities you can obtain the Nipper Adult Assistant Award (NAA).

Nipper Adult Assistants are qualified to provide water supervision for wading and shallow water activities to the age-appropriate depth. No specific fitness requirements as such.

The prerequisites for the NAA Award are;

- Complete the NAA Online course and complete the 12 questions after the power point
- Financial Member / Minimum 18 Years at assessment date
- Hold valid Working with Children suitability (Blue) Card which is linked to SLSQ
- Complete both Child Youth Risk Management (CYRMs) & SLSA Child Safe Awareness Courses

Becoming a Water Safety Volunteer

What better way to have fun with your children each Sunday, than to get in the water with them and assist by becoming a water safety person.

To become a Water Safety Volunteer you will need to obtain your Surf Rescue Certificate (SRC). This is a short course run over 6 weeks. Prior to commencing the SRC you will be required to complete a pool swim of 200m in 5 minutes. You will then be trained in basic water rescues, beach safety and first aid.

If you would like to obtain your SRC and become a water safety officer, please contact our administrator to register. Our next course is before the Nipper season and commences on the 26th August 2023. You will also need to get a Blue Card which we can assist with.

BBQ and BEACH SET UP/PACK UP

Beach Set Up/Pack Up

Every family will be rostered on for **ONE** Sunday of the season to assist with setting up the beach for nippers and packing down. A roster will be circulated and posted on our Facebook Page at the start of the season once sign on has been completed.

On your rostered day, please arrive at the beach at 7:15am and meet at the yellow nipper trailer on the beach. Please ensure you also assist with the pack up at the end of nippers.

If you are unable to fulfill your rostered day, please arrange to swap with another family. You can do this by communicating with other parents via your WhatsApp age group or our Facebook page.

BBQ Duty

Every family will be rostered on **ONE** Sunday of the season to assist with the BBQ. The BBQ is a great fundraiser for our club. A roster will be circulated and posted on our Facebook page at the start of the season once the sign on has been completed.

On your rostered day, please arrive at the BBQ tent at 8am. You will be required to help on the BBQ until it is finished and assist with cleaning and packing up.

If you are unable to fulfill your rostered day, please arrange to swap with another family. You can do this by communicating with other parents via your WhatsApp age group or our Facebook page.

Our BBQ Coordinator is Nicole Craze – jabbq@miamibeachslsc.com.au

Competing in Carnivals

Throughout the year the South Coast Branch hosts a number of carnivals for our nippers to compete in against children from all the other clubs on the South Coast. Carnivals are available for children in ages U8 and above. Remember your child doesn't need to be the best or competitive to enter the carnivals and have a fun day with their peers. Notifications regarding carnivals will be sent out via email and WhatsApp. To enter a carnival, a fee which is nominated by Branch will need to be paid via the online portal or on a Sunday Morning at the BBQ Table. Please note children will not be entered until the entry fee has been paid. Carnivals for the upcoming season are below.

Carnival	Carnival Date
SCB Interbranch Trials (U13-U17)	Saturday 16 September 2023
Lil' Squirts Beach Twilight U8-U10	Saturday 21 October 2023
Gold Coast City Titles U11-U15	04 - 05 November 2023
Lil' Squirts Water U8-U10	Saturday 18 November 2023
Young Guns Teams U11-U13	Sunday 19 November 2023
SCB U8-10 Branch Championships	Saturday 09 December 2023
SCB Surf Rescue Championships U11+	Friday 19 January – Sunday 21 January 2024
SCB U11-U15 Branch Championships Beach	Sunday 17 February 2024
SCB U11-U15 Branch Championships Water Individual	Saturday 24 February 2024
SCB U11-U15 Branch Championships Water Teams	Sunday 25 February 2024